Crystal Light®: Zero Sugar, Low Sodium Hydration



Nutrition Facts

10 servings per container
Serving size 1 Packet (4g)

Amount per serving
Calories 10

	% Daily Value
Total Fat 0g	0%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Potassium 140mg	2%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, and iron.

Ingredients: Citric Acid, Potassium Citrate, Sodium Citrate, Aspartame*, Magnesium Oxide, Maltodextrin, Contains Less Than 2% of Natural Flavor, Acesulfame Potassium, Soy Lecithin, Artificial Color, Yellow 5.



Nutrition Facts

10 servings per container
Serving size 1 packet (3.5g)

Amount per serving
Calories 5

	% Daily Value
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Calcium 220mg	15%
Vitamin C	150%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, iron and potassium.

Ingredients: Citric Acid, Calcium Phosphate, Maltodextrin, Ascorbic Acid (Vitamin C), Aspartame*, Maltitol, Contains Less Than 2% Of Natural Flavor, Calcium Carbonate, Magnesium Oxide, Acesulfame Potassium, Xanthan And Cellulose Gums, Soy Lecithin, Artificial Color, Yellow 5 Lake, Yellow 5, Red 40.



Nutrition Facts

10 servings per container
Serving size 1 Packet (2.5g)

Amount per serving
Calories 10

	% Daily Value
Total Fat 0g	0%
Sodium 10mg	0%
Total Carbohydrate 1g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin C	15%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

Ingredients: Citric Acid, Maltodextrin, Aspartame*, Contains Less Than 2% Of Natural Flavor, Ascorbic Acid (Vitamin C), Magnesium Oxide, Acesulfame Potassium, Blue 1, Red 40.



Nutrition Facts

10 servings per container
Serving size 1 Packet (3.5g)

Amount per serving
Calories 10

	% Daily Value
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 1g	1%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin C 13mg	15%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

Ingredients: Maltodextrin, Citric Acid, Instant Green Tea, Malic Acid, Aspartame*, Acesulfame Potassium, Contains Less Than 2% Of Natural Flavor, Ascorbic Acid (Vitamin C), Calcium Carbonate, Sodium And Potassium Bicarbonate, Magnesium Oxide, Red 40.



Nutrition Facts

10 servings per container
Serving size 1 Packet (2.5g)

Amount per serving
Calories 5

	% Daily Value
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 1g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin C	15%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

Ingredients: Maltodextrin, Citric Acid, Instant Green Tea, Malic Acid, Aspartame*, Acesulfame Potassium, Contains Less Than 2% Of Magnesium Oxide, Ascorbic Acid (Vitamin C), Natural Flavor, Red 40, Yellow 5, Blue 1.

*Phenylketonurics: Contains Phenylalanine